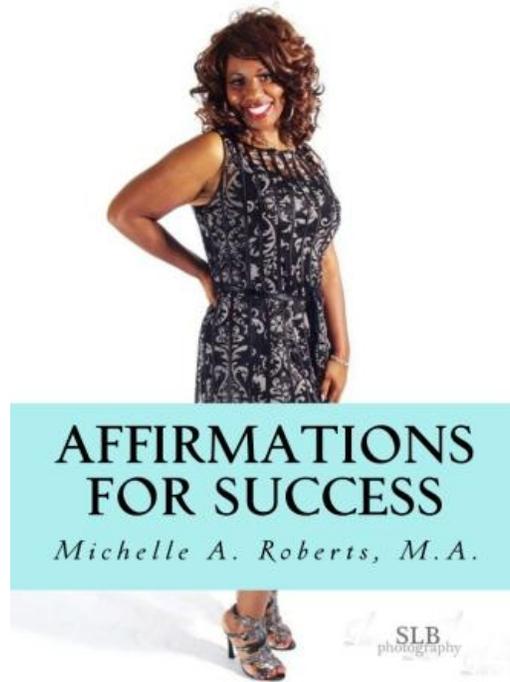




## About the Author

**Michelle A. Roberts** from Atlanta, GA is a fighter and a winner after being married for 17 years I finally came to myself and realized that my drug addicted husband would not change. See I was not raised with my father and always longed for that relationship so I stayed to LONG. I was so depressed I was now carrying 268lbs on 5 foot frame. I thought no one would want a fat girl with 3 babies. I finally took charge of my life. I had life altering surgery gastric by-pass I loss over 110 lbs. Got a divorce, Went back to school and completed a BSM and MA now 2 classes away from starting my Dissertation for my Doctorate. Yes it was hard, yes I cried, yes I complained some times. But I looked at my 3 children and a fight for dear life rose in me.



**Tell us about your book?** An affirmation is a statement that is carefully crafted to address an unwanted pattern and transform it through the use of positive thought. An affirmation or affirming statement can be a phrase that is written down or a statement that is repeated verbally. An affirmation may also be an audio recording that is listened to repeatedly. Affirmations focus attention on the positive outcome of a situation, and are structured to affirm that the positive outcome is already a reality. The Affirmations in this book along with practical application will change your life for the better!

**How did you come up with ideas for this book?** I have been collecting affirmations for 5 years and used them daily so I decided to share my love and belief with others.

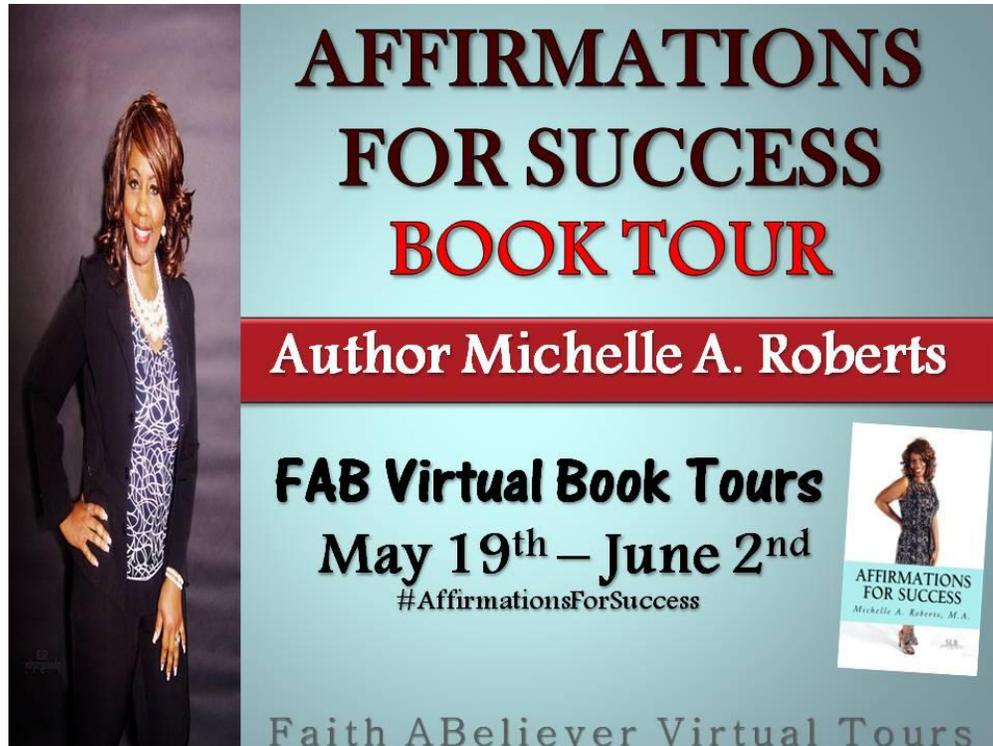
**What was the most difficult aspect of writing this book?**

Organizing the affirmations and coming up with which ones to put in book.

**Why do you write?** I write to impact everyone who will pick up my writings, so it will effect change in some area of life. My writings also help me to change and to grow.

**Is it something you've always done, or always wanted to do?** Or is it something that you started fairly recently? Writing is something I have always wanted to do and have done off and on, I just recently decided on publishing and bringing everything from paper to print.

**Any advice to give to aspiring writers?** Just go for it and start, yes it may not be perfect , but you can always improve and always get better, but if you never do it you will have regrets and what if's, don't leave the earth with an I wish I would have done it. Do it now! Follow your passion and fulfill your dream



**AFFIRMATIONS  
FOR SUCCESS  
BOOK TOUR**

**Author Michelle A. Roberts**

**FAB Virtual Book Tours**  
**May 19<sup>th</sup> – June 2<sup>nd</sup>**  
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Faith A Believer Virtual Tours

## About The Book

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## **For More Information:**

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Amazon Author's Page:

<https://www.amazon.com/author/michellearobertsllc>

## **Book Review**

*If you have read the book, please we do encourage posting book reviews on Amazon.com and other online bookstores.*